

# Veggie Del Sol

THE SAME CRAVINGS IN A HEALTHY WAY

## STARTERS

### TOSTADA DE BARBACOA 6

guacamole, vegan barbacoa, tofu crumbles, hummus, cilantro, & red salsa

### STUFFED JALAPENOS (4) 6

grilled jalapenos stuffed with vegan chorizo, vegan cream cheese, peppers & onions, served with vegan nacho cheese

### HUMMUS & PITA 6

organic hummus & grilled pita

### POZOLE 7

jackfruit, maiz, mushrooms & homemade broth

### CHIPS & GUACAMOLE 7

homemade guacamole & corn tortilla chips

### BUFFALO CAULIFLOWER WINGS 8

beer battered & fried cauliflower tossed in buffalo sauce, served with vegan ranch

**limited availability – ask your server**

### NACHOS 9

blue corn tortilla chips topped with nacho cheese, pinto beans, vegan beef crumbles, lettuce, pico de gallo, & avocado dressing

### MARISCO-LESS COCTEL 9

mushrooms, onions, tomatoes, cilantro, lime juice, homemade cocktail sauce, served with chips

## SIDES 4

### RICE & BLACK BEANS

### RICE & PINTO BEANS

### FRENCH FRIES

### SWEET POTATO FRIES

### POZOLE CUP

### FRIJOLE CHARROS

### SIDE SALAD

## FAVORITES

### BURRITO

**GREEN** – tofu, spinach, potatoes, onions, edamame, tomatillo salsa, choice of side 10

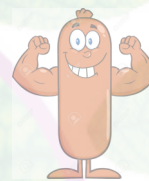
**SOY EL CHORIZO** – tofu, vegan chorizo, potatoes, choice of side

**TEX MEX** – tofu, potatoes, red or green salsa, choice of side

*gluten free options available*

*cage free eggs available*

*add avocado, cheese, or vegan cheese for \$1*



### PULLED "PORK" SANDWICH 11

bbq jackfruit topped with our house coleslaw & homemade pineapple habanero salsa, served with your choice of side

### TEXAS BBQ SANDWICH 11

organic bbq tempeh topped with lettuce, tomato, onion, & our house coleslaw, served with your choice of side



### BEYOND BURGER

**CLASSIC** – vegan burger, lettuce, tomato, onion, topped with your choice of bbq, ketchup, or tamarindo salsa, served with your choice of side 13

**HAWAIIAN** – vegan burger, lettuce, pineapple, onion, topped with tamarindo salsa, served with your choice of side

**DIABLO** – vegan burger, lettuce, onion, grilled jalapeno, topped with spicy diablo salsa, served with your choice of side

*gluten free options available*

*add avocado, hummus, cheese, or vegan cheese to any dish for \$1  
additional toppings \$0.50*

## ENTREES

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### JACKFRUIT TACOS (3)

jackfruit topped with cilantro & our house coleslaw, choice of red or green salsa, served with rice & beans

11

### TACOS DE SALPICON (3)

chilled jackfruit, topped with pico de gallo, lime juice, & avocado, served with rice & beans

12

### FLAUTAS (4)

jackfruit flautas topped with avocado sauce, hummus, lettuce, tofu crumbles, and both red & green salsa, served with rice & beans

12

### MOLE ENCHILADAS (4)

enchiladas stuffed with jackfruit, smothered in vegan cheese & our homemade mole sauce, topped with tofu crumbles, avocado, cilantro, & sesame seeds, served with rice & beans

13

### HOUSE SALAD

spring mix, tofu, edamame, tomatoes, zucchini noodles, beets, walnuts, cranberries, citrus basil dressing

12

***add avocado, hummus, cheese, or vegan cheese to any dish for \$1***

## CHEF'S SPECIALS

*limited availability – ask your server*

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### VEGAN FISH TACOS (3)

beer battered & fried banana blossom topped with shredded carrots, cabbage, & homemade vegan chipotle mayo, served with rice & beans

12

### PAD THAI

stir-fried rice noodles topped with bean sprouts, tofu, peanuts, jicama, cilantro, jalapeno, & our homemade thai peanut sauce

12

### TAMALES (3)

stuffed with jackfruit, served with rice & beans

12

### PHILLY CHEESESTEAK

soy protein, vegan cheese, peppers, onions, mushrooms

12

### VEGAN TUNA SANDWICH

mashed chickpeas topped with shredded lettuce, carrots, cabbage, & avocado, served with choice of side

12

## DRINKS

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### ICED TEA

2

### AGUA FRESCA

2

### TOPOCHICO

2

### HOT TEA

3

### PELLIGRINO (1L)

4

### SMOOTHIES

6

### ACAI BERRY, GREEN TEA HULK, PEANUT POWER

choice of soy, almond, or coconut milk